Fall 2026 Swimming Lessons Schedule

		Monday	Tuesday	Wednesday	Thursday	Friday
5:00 PM	Instructor 1	Parent & Tot Level 1	Preschool Level 1	Parent & Tot Level 2/3	Preschool Level 2/3	NO LESSONS
	Instructor 2	Preschool Level 1	Preschool Level 3	Preschool Level 4	Preschool Level 3/4	
	Instructor 3					
5:30 PM	Instructor 1	Preschool Level 2	Swimmer Level 1	Preschool Level 5	Swimmer Level 1	
	Instructor 2	Swimmer Level 1	Swimmer Level 3/4	Swimmer Level 1	Swimmer Level 3/4	
	Instructor 3					
6:00 PM	Instructor 1	Swimmer Level 2	Swimmer Level 5	Swimmer Level 2/3	Swimmer Level 5	
	Instructor 2	Swimmer Level 3	Swimmer Level 6	Swimmer Level 4	Swimmer Level 6	
	Instructor 3					
6:30 PM	Instructor 1	Adult Level 1	Adult Level 1	Adult Level 1	Adult Level 1	
	Instructor 2	Adult Level 2/3	Swim For Fitness	Adult Level 2/3	Swim for Fitness	
	Instructor 3					

		Saturday	Sunday
10:00 AM	Instructor 1	Parent & Tot Level 1	Parent & Tot Level 2/3
	Instructor 2	Preschool Level 1	Preschool Level 2
	Instructor 3		
10:30 AM	Instructor 1	Preschool Level 2/3	Preschool Level 4/5
	Instructor 2	Swimmer Level 1	Swimmer Level 1
	Instructor 3		
11:00 AM	Instructor 1	Swimmer Level 1/2	Swimmer Level 1/2
	Instructor 2	Swimmer Level 2	Swimmer Level 3
	Instructor 3		
11:30 AM	Instructor 1	Swimmer Level 4/5	Swimmer Level 6
	Instructor 2	Adult Level 1	Adult Level 1
	Instructor 3		
12:15 PM	Instructor 1	Adult Level 1	Adult Level 2
	Instructor 2	Adult Level 2/3	Adult Level 3
	Instructor 3		

Unsure what level? Our staff can help! Give us a call at 519-914-5280, press 2 to speak with the south club.

***Bracketed numbers next to the class show how many spots are left in that class. When a class is full, a strike through line will be drawn through the class. Please do NOT book any more students in and tell them to email Taylor for waitlist**
Adult classes are 45 mins. All other classes are 30 mins. Private lessons are 1-on-1 with an instructor, all other slot are group classes with 4 swimmers per instructor.
***Timeslots are not guaranteed and may be moved, cancelled, or merged based on registration numbers.**
Runs 9 weeks: 1 class per week from the week of January 19, 2026 onward, with one make up week at the end only if a class is missed.